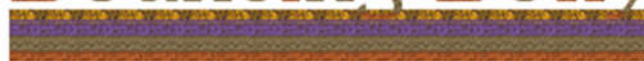


Bouncing Betty



Presented at Block Party on 11/8/2025. Drawing at meeting on 1/10/2026.

Unfinished block 8 $\frac{1}{2}$ ".

AKA: "Crosses & Losses", "Fox & Geese", "Goose & Goslings", and "Hour Glass".



NOTE: The greater the variety of print assortment, the 'better' the block! **HINT:** Starch fabrics before cutting as there are bias edges.

**** Supplies List ****

DARK scraps: You need: two dark 4-7/8" squares AND four dark 3" squares

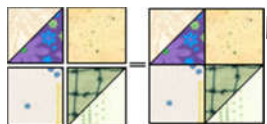
LIGHT scraps: You need: six light 2-1/2" squares, four 3" squares AND four light 2-7/8" squares.

**** Preparing the Pieces and Sewing the Block ****

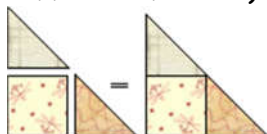
1. From two dark 4-7/8" squares cut half square triangles (cut diagonally corner to corner). You need two different colored triangles of this size. (You'll use two and save the other two for another block.)

2. Take four light 3" squares and draw line on back diagonally. Draw another line on either side of one just drawn, a scant $\frac{1}{4}$ " from it. Place right sides together with four dark 3" squares. Sew on each line $\frac{1}{4}$ " from center line. Press to set stitching. Cut each square on center line. Press open to the dark side. Square up to 2-1/2". Keep one of each color (four total) for this block. (You'll save the other four for another block.)

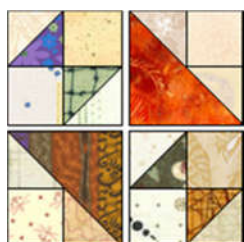
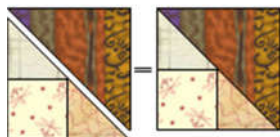
3. Now sew two units from #2 and 2-1/2" light squares as shown below right. Press each vertical seam towards light square. I pressed horizontal seam open. (I squared up each unit to 4-1/2".)



4. Cut four light 2-7/8" squares into triangles (cut diagonally from corner to corner.) You will use four (each different fabrics) for block in #5. (Save other four for another block.)



5. Sew two of the light half square triangles to the top and bottom of a 2-1/2" light square. Press seam towards triangles. Carefully fold large dark triangle in half along bias edge and crease along long edge to mark center of bias edge. Add the larger dark half square triangle (as shown in diagram to left), carefully lining up center of bias edge with intersection of two light HST and 2-1/2" light square. (This will help preserve point of light 2-1/2" square.). Press seam toward dark side. Make two units like this. (Trim to 4-1/2" square.)



6. Now lay out all four pieced units. Sew two horizontal rows, each vertical seam pressed towards large dark triangle. Join top and bottom rows. (I pressed horizontal seam open.) (Do not trim unfinished block.)

Any Questions? Call Roxanne Zirkle at 808-339-1967

Or e-mail at roxannezirkle@yahoo.com

(Leftover pieces for next block are: (2) triangles from 4-7/8" square, (4) triangles from 2-7/8" squares, and (4) 2-1/2" squares with HST light and HST dark.)